


**DECEMBER 2023**


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Call the Recreation Department at ext.258 to book a <b>Video Call</b> appointment with <b>Family &amp; Friends</b> ☺</p> <p>For a detailed schedule of the "12 Days of Christmas" please see posters on each neighborhood or visit our Facebook page and website!</p>	<p><b>Please Note:</b> This is a tentative schedule and is subject to change. Any changes will be posted on the resident white boards beside the main dining rooms. A copy of the Resident Council Minutes can be located on the recreation room window and Coastal View bulletin board.</p>			<p><b>Wellness Wheel</b></p> <p><b>Blue</b> – Cognitive Stimulation <b>Orange</b> – Physical Focused <b>Purple</b> – Emotional Stimulation <b>Green</b> – Spiritual Focused <b>Pink</b> – Social Stimulation</p>	<p>1</p> <p style="text-align: center;"><b>New Calendars</b></p> <p>2:00 <b>Trivia (CV/BV)</b> </p>	<p>2</p> <p>9:30 <b>Rosary (CV/BV)</b>  10:30 <b>Rosary (OV)</b></p> <p>2:00 <b>Christmas Coloring (TV)</b></p>
<p>3</p> <p>10:00 <b>Rosary (TV)</b>  2:00 <b>Movie Matinee (MR)</b></p> 	<p>4</p> <p>10:00 <b>Fun and Fitness (TV)</b> 2:00 <b>Yahtzee (OV)</b></p> 	<p>5</p> <p>10:00 <b>Exercise (OV)</b>  10:00 <b>Bunco (CV/BV)</b> 2:00 <b>Balloon Pop (TV)</b></p>	<p>6</p> <p>2:00 <b>Music with Mark and Al</b> 5:30 <b>Christmas Lights Van Outing</b></p> 	<p>7</p> <p>10:00 <b>Exercise (CV/BV)</b>  2:00 <b>Music with the Mira Boys (MR)</b></p> 	<p>8</p> <p>10:30 <b>Catholic Mass (MR)</b>  2:00 <b>Spa Social (OV)</b></p>	<p>9</p> <p>9:30 <b>Rosary (CV/BV)</b>  10:30 <b>Rosary (OV)</b> 2:00 <b>Finish the Line (TV)</b></p>
<p>10</p> <p>10:00 <b>Rosary (TV)</b>  2:00 <b>St Lukes United Church (MR)</b></p> 	<p>11</p> <p>1:00 <b>Resident Council/Food Club</b> 6:00 <b>Music with Jack and Gearld (MR)</b></p> 	<p>12</p> <p>10:00 <b>Exercise (OV)</b>  2:00 <b>Spa Social (CV/BV)</b></p> 	<p>13</p> <p><b>Seaview Manor's 1<sup>st</sup> Day of Christmas</b></p>  5:30 <b>Christmas Lights Van Outing</b>	<p>14</p> <p>10:00 <b>Exercise (CV/BV)</b>  Seaview Manor's 2<sup>nd</sup> Day of Christmas 6:00 <b>Music with the Four Corners (MR)</b></p> 	<p>15</p> <p><b>Seaview Manor's 3<sup>rd</sup> Day of Christmas</b></p> 	<p>16</p> <p>9:30 <b>Rosary (CV/BV)</b> 10:30 <b>Rosary (OV)</b></p> <p style="text-align: center;">Seaview Manor's 4<sup>th</sup> Day of Christmas</p> 
<p>17</p> <p>9:30 <b>Rosary (TV)</b>  <b>Seaview Manor's 5<sup>th</sup> Day of Christmas</b></p> 	<p>18</p> <p><b>Seaview Manor's 6<sup>th</sup> Day of Christmas</b></p>  6:00 <b>Songs from Santa (CV)</b>	<p>19</p> <p>10:00 <b>Exercise (OV)</b>  2:00 <b>Songs from Santa (BV)</b> <b>Seaview Manor's 7<sup>th</sup> Day of Christmas</b> 5:30 <b>Christmas Lights Van Outing</b></p>	<p>20</p> <p><b>Seaview Manor's 8<sup>th</sup> Day of Christmas</b></p>  6:00 <b>Songs from Santa (OV)</b>	<p>21</p> <p>10:00 <b>Exercise (CV/BV)</b>  2:00 <b>Songs from Santa (TV)</b> <b>Seaview Manor's 9<sup>th</sup> Day of Christmas</b></p> 	<p>22</p> <p><b>Seaview Manor's 10<sup>th</sup> Day of Christmas</b></p> 	<p>23</p> <p><b>Seaview Manor's 11<sup>th</sup> Day of Christmas</b></p> 
<p>24 <b>CHRISTMAS EVE</b> 10:00 <b>Rosary (TV)</b> <b>Seaview Manor's 12<sup>th</sup> Day of Christmas</b></p>	<p>25 <b>CHRISTMAS DAY</b></p>  <b>Merry Christmas!!</b>	<p>26</p> <p>10:00 <b>Exercise (OV)</b>  <b>Van Outing</b></p>	<p>27</p> <p>10:00 <b>Color and Conversation (CV/BV)</b> 2:00 <b>Bingo (MR)</b> 5:15 <b>Circle of Friends (TV)</b></p>	<p>28</p> <p>10:00 <b>Exercise (CV/BV)</b>  2:00 <b>Horse Races (MR)</b></p> 	<p>29</p> <p>10:00 <b>Word Extraction (CV/BV)</b> 2:00 <b>Cards (OV)</b></p> 	<p>30</p> <p>9:30 <b>Rosary (CV/BV)</b>  10:30 <b>Rosary (OV)</b> 2:00 <b>Movie Matinee (MR)</b></p>
<p>31</p> <p style="text-align: center;"><b>New Year's Eve Celebration!!</b></p>						