




















































September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend Bay View - BV Coastal View – CV Ocean View – OV Tidal View – TV Munroe Room - MR	Please Note: This is a tentative schedule and is subject to change. Any changes will be posted on the resident white boards beside the main dining rooms. A copy of the Resident Council Minutes can be located on the recreation room window and Coastal View bulletin board			1 New Calendars  10:00 Exercise (CV/BV)  2:00 – Monthly Birthday Party and Music with the Mira Boys (OV/TV) 	2 9:30 Headline Hunters (TV) 2:30 Ladder Toss (OV) 	3 9:30 Rosary (CV/BV)  10:30 Rosary (OV) 2:00 Sing a long (TV) 
4 10:00 Rosary (TV)  2:00 Movie Matinee (OV) 	5 10:00 Fun and Fitness (TV) 1:30 Famous Faces (CV/BV) 3:00 Bunco (OV) 	6 10:00 Exercise (OV)  1:30 Bowling (TV)  3:00 Bean Bag Toss (CV/BV) 	7 10:00 Headline Hunters (OV) 2:00 Bingo (CV/BV)  5:15 Spa Social (TV) 	8 10:00 Exercise (CV/BV)  2:30 Balloon Tennis (OV) 	9 10:30 Catholic Mass (MR)  2:00 Color & Conversation (TV) 	10 9:30 Rosary (CV/BV)  10:30 Rosary (OV) 2:00 Movie Matinee (CV/BV) 
11 10:00 Rosary (TV)  2:00 St Paul's Presbyterian Church (MR) 	12 10:00 Fun and Fitness (TV) 1:30 Bean Bag Toss (OV) 3:00 Yahtzee (CV/BV) 	13 10:00 Exercise (OV)  2:00 Monthly Birthday Party and Music with Jack Ettinger (CV/BV) 	14 10:00 Headline Hunters (TV) 2:00 Bingo (OV)  5:15 Ladder Toss (CV/BV)	15 10:00 Exercise (CV/BV)  2:30 Bowling (OV) 	16 10:00 Circle of Friends (TV) 2:00 Floword (CV/BV) 	17 9:30 Rosary (BV/CV)  10:30 Rosary (OV) 2:00 Famous Faces (TV)
18 10:00 Rosary (TV)  2:00 Movie Matinee (OV) 	19 10:00 Fun and Fitness (TV) 1:30 Word Extraction (CV/BV) 3:00 Yahtzee (OV) 	20 10:00 Exercise (OV)  10:00 Color and Conversation (CV/BV) 	21 10:15 Bingo (TV)  2:30 Bowling (CV/BV) 5:15 Horse Races (OV) 	22 10:00 Exercise (CV/BV)  2:30 Balloon Bop (TV) 	23 10:00 Headline Hunters (CV/BV) 2:00 Horse Races (CV/BV) 	24 9:30 Rosary (OV)  10:30 Rosary (CV/BV) 2:00 Movie Matinee (CV/BV) 
25 10:00 Rosary (TV)  2:00pm Knox United Church (MR) 	26 10:00 Fun and Fitness (TV) <p style="text-align: center;">Resident Council Meeting</p>	27 10:00 Exercise (OV)  2:00 Armchair Travel to Italy (CV/BV) 	28 10:30 St Mary's Anglican Church (MR)  2:00 Armchair Travel to Italy (OV/TV) 5:15 Bean Bag Toss (TV)	29 10:00 Exercise (CV/BV)  1:30 Floword (OV) 3:00 Balloon Tennis (CV/BV)	30 10:00 Spa Social (OV)  2:30 Brain Busters (TV) 	<p>Call the Recreation Department at ext.258 to book a <u>Video Call</u> appointment with Family & Friends ☺</p>

