



Long Term Care (LTC) Guidelines- Frequently Asked Questions

Can Residents leave the LTC Facility?

Regardless of immunization status, all residents may now:

Visit a family home or designated care giver (DCG) from up to 7 days anywhere in Atlantic Canada- overnight stays permitted. as per agreement with resident and or substitute decision maker.

Visit home of someone other than a family member and DCG, within Atlantic Canada – no overnight stays permitted. As per agreement with residents and or substitute decision maker.

Visit a resident in another LTC facility- no overnight stay permitted.

Can anyone enter a LTC Facility?

All types of visitors may enter a LTC facility; Election candidates are permitted to visit a single resident or hold a group session in a common area, no door-to-door canvassing permitted.

Musicians may come into the facility, perform, and sing for residents. Sing-a -longs are permitted.

Visitors may attend social activities with a resident if physical distancing can be maintained from other residents and visitors.

Residents may not have social visits if the resident is in isolation because they are a) symptomatic and being tested, or b) a new admission and protocol requires isolation.

Gathering limits permitted under Health Protection Act Order apply to facilities during social or recreational activities. (25 indoors/ 50 outdoors)

NOTE: Visitors are not permitted to attend mealtimes in the dining room with a resident.

Can a DCG go to the dining room?

Yes, under the definition of essential worker (defined in COVID-19 management of LTC facilities), DCG and volunteers may join residents during mealtimes in dining rooms.

Must visitors from out of Atlantic Canada isolate prior to visiting?

We are following Nova Scotia Guidelines for isolation upon entering Atlantic Canada.

Fully Vaccinated; 2 doses of vaccine 14 days prior to entering -no isolation required

Partially vaccinated; 1 dose of vaccine 14 days prior to entering-7 days of self-isolation and 2 negative tests.

Unvaccinated; 14 days of self-isolation completed with testing at start and finish of isolation.

As per visitors from USA, as of August 9th, American Citizens will qualify if fully vaccinated. (Government of Canada rules for international travelers)

Note: Compassion exemption may be granted and must be applied for through the province of NS prior to arrival.

Are residents, visitors and DCGs required to wear masks?

Residents are encouraged but not required to wear masks during indoor/outdoor visits. Residents are especially encouraged to wear a medical mask when physical distancing cannot be maintained.

Visitors, DCGs and anyone entering the facility are required to wear a mask at all times.