

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LEGEND BV = Bay View CV= Coastal View TV = Tidal View OV = Ocean View	Please Note: This is a tentative schedule and is subject to change. Any changes will be posted on the resident white boards beside the main dining rooms. A copy of the Resident Council Minutes can be located on the recreation room window and Coastal View bulletin board.		1 9:00AM Calendars 10:00AM Visitations 2:00PM Calendars	2 9:30AM Visitations 10:00AM Silver Sneakers 2:30PM Men's Coffee Club ☕ 5:30PM Horse Races (OV)	3 9:30AM Coloring & Conversation (TV) 10:00AM Exercise (BV-CV) 🧘 2:00PM Music With Gordon (TV) 3:30PM Headline Hunters (OV)	4 11:00AM Visitations 2:00PM Chance (OV) 3:30PM Headline Hunters (BV-CV)
5 11:00AM Fun Ball (BV) 2:00PM Sing-A-Long (BV-CV) 3:30PM Word Extraction (OV)	6 9:30AM Fun Ball (TV) 🎨 10:00AM Silver Sneaker 11:00AM Visitations 2:00PM Bean Bag Toss (BV-CV)	7 9:30AM Visitations 10:00AM Silver Sneaker 10:30AM Exercise (OV) 🧘 2:00PM Word Extraction (BV-CV)	8 9:30AM Montessori (BV) 10:00AM Silver Sneaker 10:30AM Headline Hunters (CV-BV) 2:00PM The Mira Boys 🎵 Monthly Birthday Party	9 9:30AM Exercise (BV-CV) 10:00AM Silver Sneakers 2:00PM Balloon Bop (BV-CV) 3:30PM Headline Hunters (OV)	10 9:30AM Headline Hunters (BV-CV) 11:00AM Mass 2:00PM Bean Bag Toss (OV) 5:00PM Men of the Deeps	11 11:00AM Story Time (TV) 2:00PM Chance (BV-CV) 3:30PM Headline Hunters (OV)
12 11:00AM Visitations 2:00PM St.Lukes United Donkin Church ✝️ 3:30PM Chair Yoga (OV)	13 9:30AM Exercise (TV) 🧘 10:00AM Silver Sneaker 11:00AM Visitations 2:00PM Bean Bag Toss (BV-CV)	14 9:30AM Sing-A-Long (BV-CV) 10:00AM Silver Sneaker 10:30AM Exercise (OV) 2:00PM Poker Bingo 🎲	15 9:30AM Montessori (TV) 10:00AM Silver Sneaker 10:30AM 2:00PM Movie Matinee 🍿	16 9:30AM Visitations 10:00AM Silver Sneakers 3:00PM Trivia 🎮 5:30PM Chair Yoga (BV-CV)	17 9:30AM Visitations 10:00AM Exercise (BV-CV) 2:00PM Bingo 🎲 BINGO	18 11:00AM Visitations 2:00PM Chance (OV) 🎲 3:30PM Headline Hunters (BV-CV)
19 11:00AM Sing-A-Long (TV) 2:00PM Bean Bag Toss (BV-CV) 3:30PM Word Extraction (OV)	20 9:30AM Fun Ball (TV) 🎨 10:00AM Silver Sneaker 11:00AM Visitations 2:00PM Trivia (OV)	21 9:30AM Headline Hunters (BV-CV) 10:00AM Silver Sneaker 10:30AM Exercise (OV) 🧘 2:00PM Bean Bag Toss (OV)	22 9:30AM Visitations 10:00AM Silver Sneaker 10:30AM Pen Pals 2:00PM Movie Matinee 🍿	23 9:30AM Sing-A-Long (TV) 10:00AM Silver Sneakers 2:30PM Men's Coffee Club ☕	24 9:30AM Coloring & Conversation (TV) 10:00AM Exercise (BV-CV) 2:00PM The Lee's 🎵	25 11:00AM Story Time (TV) 2:00PM Chance (BV-CV) 3:30PM Headline Hunters (OV)
26 11:00AM Visitations 2:00PM Balloon Bop (OV) 3:30PM Bunco (BV-CV)	27 9:30AM Exercise (TV) 🧘 10:00AM Silver Sneaker 11:00AM Visitations 2:00PM Bunco (OV) 🎲	28 9:30AM Matching Game (TV) 10:00AM Silver Sneaker 10:30AM Exercise (OV) 2:00PM Horse Races 🐎	29 9:30AM Story Time (BV-CV) 10:00AM Silver Sneaker 10:30AM Headline Hunters (TV) 2:00PM Bowling	30 10:00AM Silver Sneakers 2:30PM Crafty Corner (BV-CV) 5:30PM Cards (OV) ♣️♦️♥️♠️	31 9:30AM Visitations 10:00AM Exercise (BV-CV) 2:00PM Bingo 🎲 BINGO	